



Friends In Service **33** YEARS Rotary Club of Bicholim

Amigo



Issue No. 08

Volume XXXIII

MARCH / APRIL 2026



R I President
Rtn Francesco Arezzo



District Governor
Rtn Arun Daniel Bhandare



President
Rtn Damodar S Prabhu



Secretary
Rtn Dr Jyoti S Sawant



Warm Welcome
to our beloved District Governor
Rtn Arun Bhandare & First Lady Rtn Madhavi Bhandare

HANDING OVER OF PINK AUTO RICKSHAW

Date : 15th April



President Rtn Damodar Prabhu hands over the keys of Pink Auto Rickshaw to the beneficiary Mrs Renuka Aeer in presence of PDG Rtn Gaurish Dhond, members of Club and relatives of the beneficiary



Beneficiary Proudly poses with her EV Auto Rickshaw along with President Rtn Damodar and members of Club Rtn Deepak and Rtn Maya



INAUGURATION OF BUS STOP SHELTER

Date : 6th February

Bus Stop Shelter is aimed to provide comfort and protection to daily commuters. This project is sponsored by Shri Vishal Ramchandra Padwal at an estimated cost of Rs 2.25 lakhs



9th Bus Stop Shelter constructed by the Club near Assonora Para Junction was inaugurated at the hands of Chief Guest Adv. Satish Jaiwant Rao and Guest of Honour Adv. Shamsundar Yeshwant Thaly



Rotary Members proudly pose for a photo after inauguration of Bus Stop Shelter



RCB family members along with Guests poses for a Group Photo after Inauguration



Rtn Prithviraj Sardesai Compered the inaugural function

Community Service Director Rtn Parish Khanolkar expressed his views during this function



Adv Satish Rao (Chief Guest)



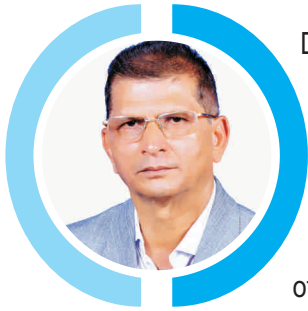
Mr Vishal Padwal (Sponsor)



Adv Shyamsunder Y. Thaly (Guest of Honour)

All the visiting dignitaries were presented with a memento as token of love and gratitude

President Message



Dear RCB Family Members,

Warm greetings to everyone. On behalf of RCB family, I take this opportunity to welcome DG Rtn Arun Bhandare and First Lady Rtn Madhavi, to our Club for their official visit.

In the months of February and March, the Club did impactful and permanent projects including Inauguration of Bus Stop Shelter. This is the ninth bus stop shelter constructed by the Club in Bicholim Taluka. This bus stop shelter located at prime location of Assonora Para Junction will definitely serve the commuters by providing comfort and protection. I would like to thank Mr Vishal Padwal for sponsoring this bus stop shelter and helping us in our mission to serve the community.

The handing over of Safe Water Drinking Station to Radhakrishna Vidhyalaya, Bicholim demonstrated the Club's commitment of ensuring access to safe/clean drinking water facilities for the students. Fortnight ago, Club handed over Pink Auto Rickshaw to beneficiary Mrs Renuka Aeer, thereby promoting women empowerment and self-reliance.

On the occasion of DG's official visit to the Club, we are proud to inaugurate three projects namely:

Bus Stop Shelter at Karapur-Tisk Junction: The tenth bus stop shelter constructed by the Club at a prominent junction in Sanquelim will be opened to the Public at the hands of our DG. This bus stop shelter is sponsored by Mr Raghunath Gajanan Sawal.

House to Homeless (H2H) Project: This has been the signature project of our Club. By handing over the keys of new house to Smt Chandra Prakash Gholkar from Kudchire, at the hands of DG, the Club has now provided 27th House under H2H Project. Through this project, we aim to provide low-cost housing to the families whose houses are either damaged by natural calamities and/or cannot afford constructing permanent structure.

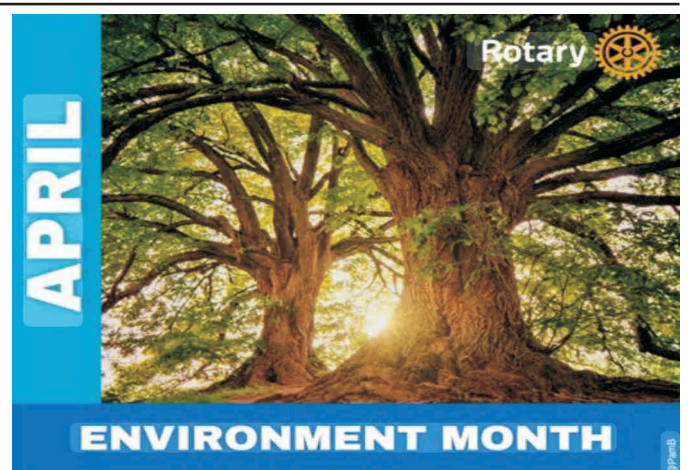
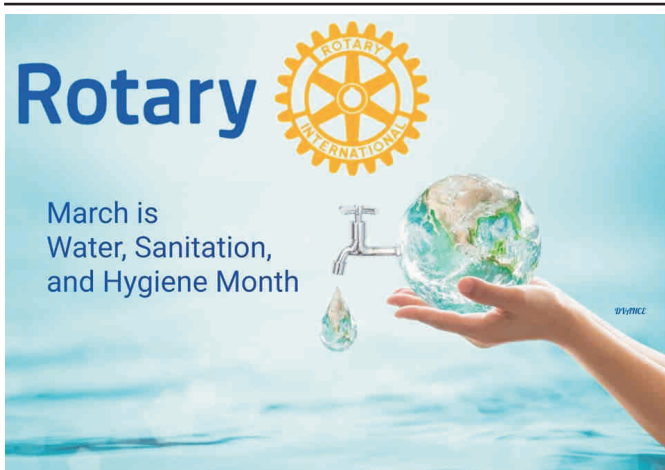
Happy School at Poira High School: Under Rotary India Literacy Mission, we have initiated a Happy School Project at Poira High School, which will transform under-resourced school into attractive, safe and vibrant learning environment. In the first phase of project, we have renovated the infrastructure (class-rooms), provided benches for students, provided learning and sports equipment's.

The month of March has been designated as "Water, Sanitation and Hygiene" (WASH) month, which highlights Rotary's focus on providing sustainable clean water. The project of handing over Safe Drinking Station to a renowned school in our town, was a celebration of Club's commitment to create healthier communities by supplying clean water to students.

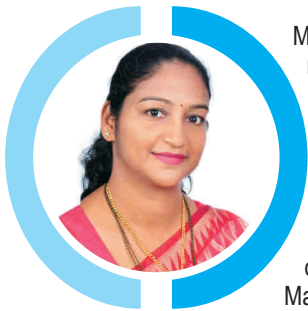
Similarly, the month of April is recognized as "Environment Month" and we handed over EV Pink Auto Rickshaw to the beneficiary during this month. Electrical Vehicles (EV) protect environment primarily by eliminating tailpipe emissions, significantly reducing greenhouse gases (CO2) and harmful air pollutants.

In both these months, we have conducted a service project, which focuses on the designated month theme of Rotary International for that corresponding month.

-Rtn Damodar



Secretary Report



the Jaisalmer Desert Festival.

Month of February is the shortest month of English Calendar and is best known as month of romance anchored by Valentine's Day (Feb 14). Valentine Day is the celebration of Love and Friendship in the peak of winter season. This month is a vibrant month showcasing diverse culture, featuring major festivals like Maha Shivaratri (devotional night for Lord Shiva), the colourful Goa Carnival, and

As we enter the month of March, it marks the beginning of summer and the temperature becomes quite warmer as the month progresses. March is a vibrant month dominated by spring festivals, featuring the major colour festival Holi, regional New Years like Ugadi and Gudi-Padwa along-with spiritual observances like Chaitra Navratri and Ram Navami. This month Muslim's in Indian celebrated Eid-ul-Fitr on March 21, marking the end of Ramadan. International Women Day (March 8) recognizing women's social, economic, cultural, and political achievements, completed the major celebrations of this month.

Let us look at the details of the projects/activities which were conducted by the Club in the months of February, March and April (till 15th April)

No of Weekly Meetings – 04 (In February), 03(In March) and 02 (In April)

No of Board of Directors Meetings – 02 (On 4th March and 8th April)

Inauguration of Bus Stop Shelter:

On 6th February, Club inaugurated a Bus Stop Shelter near Assonora Para Junction to provide comfort and protection to daily commuters. This Bus Stop Shelter is sponsored by Shri Vishal Ramchandra Padwal at an estimated cost of Rs 2.25 lakhs.

The inauguration was graced by Chief Guest Adv. Satish Jaiwant Rao and Guest of Honour Adv. Shamsundar Yeshwant Thaly. Special Guests included Rtn. AG Ramesh Tiwari, Shri Vishalsen Gad (Dy-Sarpanch), and Shri Gajanan Mandrekar (Local Panch).

This is the 9th Bus Stop Shelter constructed by the Club, which reflects Rotary's commitment to community welfare and public convenience.

Menstrual Hygiene Management Session:

On 9th February, Club organized an informative session on Menstrual Hygiene Management at Our Lady of Grace High School, Bicholim. The session was conducted by Rtn Dr. Jyoti Sawant, who guided the students on proper menstrual hygiene practices, awareness about menstrual health, and breaking myths associated with menstruation. The interactive session was attended by 80 girl students along with teachers, who actively participated and gained valuable knowledge to manage menstrual health safely and confidently.

The initiative was well-received by students and school authorities, reflecting the club's commitment to promoting health and awareness among young girls in the community.

Blood Donation Camp:

Club in association with Inner Wheel Mhapsa Elite, Govt. Polytechnic, Mayem and Goa Medical College (GMC) successfully organised a Blood Donation Camp on 13th February at Government Polytechnic, Mayem-Bicholim. Totally 51 units of blood were collected from voluntary donors which included Lecturers, Staff and Students of Government Polytechnic who enthusiastically participated for this noble cause.

This initiative aimed at promoting community health and encouraging voluntary blood donation. The active involvement of the GMC Blood Bank team ensured smooth and efficient conduct of the camp.

Support to Nikshay Mitra Poshan Yojana:

Club has been sponsoring nutritional supplies for five TB patients under Nikshay Mitra Poshan Yojana at Community Health Centre, Bicholim from the month of September 2025 onwards. Such supplies improve nutrition, strength and adds to recovery of patients. These patients receive a monthly nutritional kit for last 6 months containing Millets Atta- 3kgs, Toor Dal-1kg, White Chana-1kg, Jaggery-1kg, Rice – 5kgs, Toned Milk – 8litres. Till date, Club has provided nutritional kits worth Rs 34,200/-. This month the distribution was done on 15th February.

Release of December'25 and January'26 Combined Issue of "Amigo":

On 19th February, December' 2025 and January'2026 combined issue of Amigo was released at the hands Smt Amita Teli (Mother of President Elect Rtn Abhijeet Teli and Rtn Pankaj Teli). Rtn Abhijeet was celebrating his birthday on this day and members of the Club joined him at his office to wish him, for cake cutting, and also for the release of 7th issue of Amigo.

WGM Event for Polio Fund:

During a family dinner on 3rd March at Mayem Lake Resort, IPP Rtn Swapnil Dixit and Ann Anjali Dixit met Mr Tejasvi Naik from Belgavi and a close friend of IPDG Rtn Sharad Pai. In memory of remembrance of this unique meet, Rtn Swapnil conducted a WGM and donated \$70 to the Polio Fund of The Rotary Foundation.

This donation of \$70 will be converted into \$210 with match from the Milinda and Bill Gates Foundation which is good enough to cover cost of 350 polio vaccines.

Safe Water Drinking Station:

On 9th March, Safe Drinking Water Project was formally handed over to Radhakrishna Vidhyalaya. Bicholim under the Corporate Social Responsibility (CSR) initiative in a simple ceremony held at the school premises. During the program, the importance of providing safe and clean drinking water to students for maintaining good health and hygiene was highlighted. The project aims to ensure access to safe drinking water facilities for the students of the school.

The event was attended by Assistant Governor Rtn. Ramesh Tiwari, Headmistress Mrs. Varsha Dhupkar, Teaching and non-teaching staff of school, along with students.

Project will benefit 384 students of Radhakrishna Vidhyalaya, helping to create a healthier and more supportive learning environment.

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Know your District Governor



District Governor

Rtn Arun Daniel Bhandare

Professional Life:

- ✓ Born on 12th July in a family, who respects joint family culture, blessed with values, which made him spiritual, humble, social and ethical
- ✓ Graduate of Civil Engineering with a bright educational career and is University Ranker and is an accomplished consultant, valuer and Building Contractor
- ✓ Has expertise in construction of Industrial structures, showrooms, Hotels, commercial complexes, Multiplex Theaters, educational institutes and Bungalows
- ✓ Has vast experience in the field was recognized by Indian Institute of Engineers and Indian Council of Arbitration by bestowing the coveted membership
- ✓ Was President of Builders Association of India, Engineers and Architects Association at Ichalkaranji
- ✓ Member of Indian Council of Arbitration, Govt. approved valuer: Chartered Engineer
- ✓ Recipient of Award of excellence from various professional organizations which includes CREDAI and Institution of Engineers (India)

In Rotary Movement:

- ✓ Member of Rotary club of Ichalkaranji Executive and has been serving RID 3170 for over 28 years
- ✓ Was inducted in 1997 Rotary Club of Ichalkaranji and his contribution in strengthening the club was recognized with BEST ROTARIAN Award by his club, and was adjudged as Best Secretary of District in RIY 2002-03
- ✓ Served his club as President in RIY 2010-11 and was bestowed with 20 Awards with Best President Award along with 15 other District Awards, 4 Rotary International Awards

- ✓ Served District through Various assignments namely, Dist. Chair Co-ordinator (DCC), District Secretary, Conference Secretary, Gov. Area Aide and Asst. Governor
- ✓ Was awarded as Best DCC, Best Asst. Governor, Best Governor's Area Aide, Best District Secretary Awards
- ✓ Major Donor to Rotary Foundation
- ✓ Awarded with Rotary International Awards namely- Club builder award (Twice), Avenues of Service Award (Twice) and TRF District Service Award
- ✓ Serving District 3170 as District Governor for RIY 2025-26

Other Achievements:

- ✓ Associated with Maharashtra Chamber of Commerce, Indian Red Cross Society, Kolhapur Chamber of Commerce and Industries, Kolhapur District Kho-Kho Association and Ichalkaranji Church
- ✓ Honoured with - SAMAJ RATNA national award
- ✓ Founder Trustee of Deepak Memorial Trust which helps the needy and deserving by supporting the cause of education and health

Personal Life:

- ✓ Aply supported by his spouse Rtn Madhavi, who is the member of Rotary Club of Ichalkaranji Textile City and qualified Trainer for slow learner students
- ✓ Rtn Madhavi is Past President of Inner-wheel Club of Ichalkaranji with Best President Award and Best ISO Award to her credit
- ✓ Blessed with 2 sons and 1 daughter

HANDING OVER THE DISTRICT AWARDS



Date : 4th February

IPP Rtn Swapnil Dixit hands over the District Awards bagged by the Club for RIY2024-25 to President Rtn Damodar Prabhu

MENSTRUAL HYGINE MANAGEMENT SESSION



Date : 9th February

Club organized an informative session on Menstrual Hygiene Management at Our Lady of Grace High School, Bicholim. The session was conducted by Rtn Dr. Jyoti Sawant, who guided 80 students on proper menstrual hygiene practices, awareness and myths

BLOOD DONATION CAMP



Date : 13th February



Club in association with Inner Wheel Mhapsa Elite, Govt. Polytechnic, Mayem and Goa Medical College (GMC) successfully organised a Blood Donation Camp at Government Polytechnic, Mayem-Bicholim. Totally 51 units of blood were collected from voluntary donors

WGM EVENT FOR POLIO FUND



Date : 3rd March

IPP Rtn Swapnil Dixit and Ann Anjali Dixit graciously conducted a WGM (World's Greatest Meal) event at Mayem Lake Resort. An amount of \$70 was contributed towards the Polio Fund of The Rotary Foundation (TRF) through this event

CLUB ASSEMBLY BY ASSISTANT GOVERNOR



Date : 15th April

AG Rtn Ramesh Tiwari conducted the Club Assembly. AG took the review of the upcoming visit of DG and preparation for the same including tentative itinerary



DENTAL HEALTH : A BRIEF IDEA

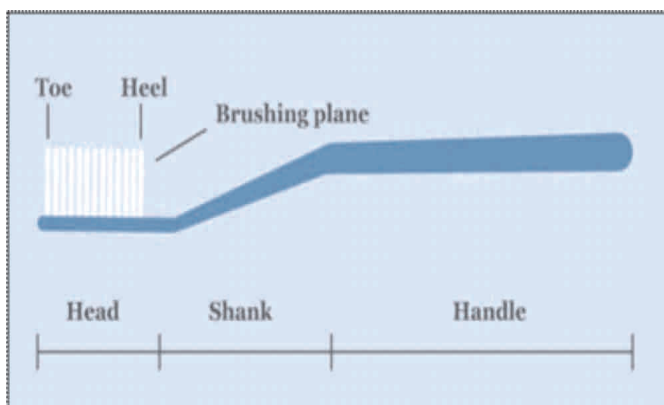
Dr. Anuja Sachin Salkar
BDS, MDS (ORTHODONTICS) Goa

**“YOU DON'T HAVE TO BRUSH ALL YOUR TEETH,
JUST THE ONCE YOU WANT TO KEEP”**

People often ask me when to start cleaning my child's teeth?

The answer to this is when the first milk tooth appears in the mouth which is usually at around 6th months of age. The baby's mouth should be rinsed and tongue kept clean even before the first tooth erupts. For this baby tongue cleaner may be used.

Once teeth erupt use **TOOTHPASTE** free of fluoride till the time child learn to spit out. Once child learns to spit out any kids' toothpaste which contain 458ppm of fluoride should be used upto the age of 7 yrs. After 7yrs kids' toothpaste with 1000ppm of fluoride should be used. Use **FONES BRUSHING TECHNIQUE** to brush the child's teeth(watch “FONES BRUSHING METHOD/ TOOTH BRUSHING METHOD” on YouTube) for child who understands can be taught by parent repeating the technique in his/her own mouth and both standing in front of the mirror where child repeats the same in his/her own mouth looking at the parent in the mirror.



PARTS OF TOOTHBRUSH

TOOTHBRUSH should be soft and have as small head size as possible and **TOOTHPASTE** applied on the toe of the toothbrush. Only rice grain size amount of toothpaste to be used till the age of 3yrs. After 3yrs pea sized amount of toothpaste to be used. Brush twice daily once in the morning and at night before bed. Toothbrush should be changed once in 3 months.

Most of the time attitude of the parent is: “it's just a milk tooth which will fall so no point cleaning/filling a carious tooth”.

This is a very wrong attitude of most of the parents as milk teeth are equally important as permanent teeth. They help in:

- 1) Child speech development in early years of life.
- 2) Functions to guide the underlying permanent teeth to come in proper place in mouth.
- 3) Permanent tooth may never come out if milk tooth falls early/absent or had to be removed due to caries.
- 4) If milk tooth gets infected it may spoil the underlying permanent tooth as well.
- 5) Milk teeth contribute to child's aesthetic appearance.
- 6) Helps the child chew food better helping in digestion and a healthy child.

HABITS TO BE AVOIDED: Avoid bottle feeding at bed time. Worse if sugar has been added to the milk. If such habit exists ask the child to rinse the mouth after bottle feeding before bed to avoid bottle caries.



IN ADULTS: above 12 years **MODIFIED BASS TECHNIQUE** is used to brush the teeth (watch "THE BEST WAY TO BRUSH YOUR TEETH -MODIFIED BASS" on YouTube). Use soft **TOOTHBRUSH** with as small head size as possible. Any **TOOTHPASTE** containing 1000ppm of fluoride can be used which is to be applied on the toe of toothbrush and in pea size amount. Brush twice daily once in the morning and at night before bed. Toothbrush should be changed once in 3 months.

Normal visit to a dentist should be once in 6 months.

DIET:

FOODS GOOD FOR TEETH: fibre rich fruits and vegetables, dairy products (cheese, milk), nuts and foods which don't stick to the teeth.

FOOD BAD FOR TEETH: sugary snacks, sticky candies, carbonated soft drinks, acidic foods, food that sticks to the teeth.

Even if you happen to eat these foods, you should brush or at least rinse the mouth immediately.

EMERGENCY: Sometimes due to accident or trauma permanent tooth tend to fall out of socket, in such cases do not wash the tooth with water instead keep it in cold pasteurized milk. If milk is not available keep it under the tongue in saliva of the same patient and visit a nearby dentist as soon as possible. In golden hours (30 to 60 min) tooth can be fixed back with least complications.

Any fractured segment of tooth to be kept and taken to dentist as sometimes it is possible to fix it back.

WHEN TO VISIT AN ORTHODONTIST?? (DENTIST SPECIALISED IN PLACING BRACES)

At around 7 yrs of age, you can visit an orthodontist. Because it is the time when first permanent tooth erupts in mouth and also some problems specially with jaw bones can be treated early in life.

Such problems can only be seen by an orthodontist. For example, if upper jaw is small or backward can be treated as early as 8 years of age. If lower jaw is too small or behind can be treated at or just before puberty. If lower jaw is too big and forwardly placed can be corrected or at least prevented from worsening with the help of specific appliances given at or just before puberty. If this golden time is missed then correction is compromised or last option is surgical correction after jaw growth is completed.

THUMB SUCKING in child is normal till 3-4 yrs of age beyond this age if it persists should be shown to an orthodontist which can be treated with the help of counselling and also some orthodontic appliances once child grows and understand.

Hope this article was helpful in solving most of the queries about dental health on day to day basis.

PALKHI PROCESSION OF SHREE SHANTADURGA DEVI



Continuing the tradition, Club was host (Mahajans) for the weekly Palkhi procession of Shree Shantadurga Devi at Math-Antil Peth on 13th April

Congratulations!

MAGNIFICENT MANDAR

Annette Mandar Lad is all set to be Awarded "International Masters" title as he has successfully completed all three norms required for Prestigious International Masters (IM) tittle, marking a significant milestone in his chess career.

RCB Family congratulates Annette Mandar and his proud parents Rtn Pradip and Ann Roopa



- Annette Mandar Pradip Lad was crowned "Champion of the Tournament" at All India Rapid and Blitz Championship held at Hubli on 26th January
- Annette Mandar also won All Goa Rapid Chess Tournament which was conducted by Laxmi Sharada Foundation and Sattari Taluka Chess Association at Premises of Shri Hanuman Vidyalaya, Valpoi. The tournament was held on 8th February saw participation of 160 players



- Annette Mandar also won "Double Championship" at All Goa Rapid and Blitz Chess Tournament organized by Serials Chess Club in association with Directorate of Sports and Youth Affairs (Govt of Goa), GVM's Chess in School and Ponda Taluka Chess Association on 11th and 12th April at GVM's Higher Secondary Hall, Farmagudi. He remained unbeaten in both Rapid and Blitz Chess

SKILFUL SHREEDA

AT ELOCUTION COMPETITION



Annette Shreeda Abhijit Teli secured First place in Late Vaman Savardekar's Elocution Competition organized by Gomantak Marathi Bhasha Parishad (Taluka Level)



Annette Shreeda also secured First place at Late Balkrishna Vaman Savardekar State-Level Elocution Competition, organized by Gomantak Marathi Bhasha Parishad on 15th February at V. D. and S. V. Wagle High School, Mangueshi-Mardol



AT STORY-TELLING COMPETITION



Annette Shreeda Abhijit Teli secured Second Place at Sane Guruji Kathamala Competition (Taluka Level)



Annette Shreeda secured Fourth Place when representing Bicholim Taluka at State Level for Sane Guruji Kathamala Competition

Rtn Narahari ...a Proud Grandfather now



Annette Neha Satej Shetye (Daughter of Rtn Narahari and Ann Neeta Sawant) was blessed with a baby girl on 26th February 2026. RCB Family congratulate the proud parents, Grandfather Rtn Narahari, Grandmother Ann Neeta, Mama Annette Nandan and Mavshi Annette Nandita

Annettes Successfully Clears HSSC Examination



Annette Raghav Pradip Lad (First Class – XII Commerce)



Annette Samruddhi Shivanand Pal (Distinction – XII Science)

Participation



President Rtn Damodar Prabhu was invited as Chief Guest for "Bazar Day" organized by Govt Primary School Deulwada Kudchire, Bicholim on 14th February



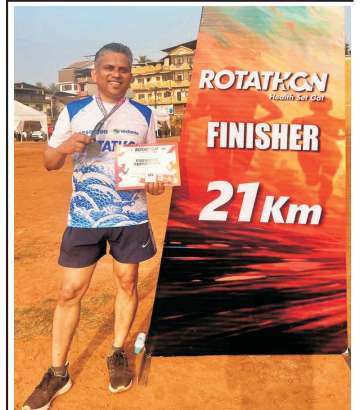
Past President Rtn Santosh Sawal participated in "Mathias Panaji Run-2026" on 1st March organised by Rotary Club of Panaji Midtown



Team RCB captained by Rtn Sachin Salkar participated in "ELITE5" Five-a-Side Cricket Tournament organized by Rotary Club of Mhapsa Elite on 28th February at Nagoa Futsal Areana, Arpora



IPP Rtn Swapnil Dixit along with his friend Suraj Herekar participated in Rotary Club TSD Car Rally - 3.0 organized by Rotary Club of Hubli Vidya Nagar on 22nd February



Rtn Dr Sandip Sawant proudly displays his medal after completing 21 Kms run in "Rotathon-2026" organized by Rotaract Club of Bicholim on 8th March

RCB FAMILY MEMBER'S AT SHINGOTSAV DRAMA



Following Members of RCB Family performed in "Mrityunjay" drama during the Shingotsav Celebration

Rtn Athrav Mandrekar (In lead Role as Karna) Rtn Sudath Mandrekar (As Dronacharya) Rtn Vallabh Naik (As Shakuni) Annette Nandan Sawant (As Ashwatthama) Ann Pallavi Naik (As Gandhari) Annette Sharvani Naik (As Dasi)

ROUND-UP OF ACTIVITIES OF ROTARY SCHOOL

NUTRITIOUS FOOD COMPETITION



Nutritious Food and Food without Fire Competition was conducted



Date : 7th February

Mr Ajinkya Sanjay Neugi was the Chief Guest and Judge for these contest

SHIVAJI JAYANTI CELEBRATION

Date : 19th February



Chhatrapati Shivaji Maharaj Jayanti marking birth anniversary of this great leader was celebrated. Special Hall Paper on Shivaji Maharaj was released on this occasion

BAZAAR DAY 2025-26

Date : 14th February



Chief Guest and Charter Member of the Club Rtn Vallabh Salkar cutting ribbon to mark the opening of Annual Bazaar Day of Rotary School at Bicholim Market Shed



Chief Guest Rtn Vallabh Salkar, Guest of Honour Ann Mrs Milinda Kamat (President, Inner Wheel Club, Bicholim) along with School Chairman Rtn Sudath Mandrekar and School Manager Rtn Ramanand Natekar visiting the display by the students



PTA of Rotary School felicitated two senior vendors who are doing their business in Bicholim Market



Chief Guest Rtn Vallabh Salkar and Ann Vrunda Salkar appreciates the saleable items displayed by students on Bazaar Day



Enthusiastic students displayed various materials, vegetables and eatables

ROUND-UP OF ACTIVITIES OF ROTARY SCHOOL

FIELD TRIP FOR STD IV STUDENTS



Date : 24th February

Field Trip for students of Standard IV was conducted at Museum of Goa (MOG) at Pilerne Industrial Estate. Students were narrated the stories of Goa's Past, Present and Future through art

NATIONAL SCIENCE DAY



Date : 28th February

National Science Day which commemorates the anniversary of Sir C. V. Raman's ground breaking discovery of "Raman Effect" was celebrated. Mrs Pallavi Sawant was the Chief Guest and a Wall-Paper was released to celebrate this day

PRERNA MOTIVATIONAL CAMP

Date : 7th & 8th March



Two day Camp was inaugurated by Chairman of the School Rtn Sudath Mandrekar

First session of the camp was on Mandala Art which was conducted by Ms Ravina Shet

Rtn Dr Jyoti Sawant conducted a session on "Counselling and Effective Learning Techniques" for Standard IV students

Students enjoyed Bal Geet Session conducted by Mrs Sarita Umarye



Students enjoying Bonfire conducted at Night on the First Day of the camp. Students enjoyed singing and dancing along with their teachers



Second Day began with a Yoga session conducted by Mr Balkrishna Naik wherein students learnt various asanas



Mrs Akshani Sawant taught the students the art of making toran and wall hangings by using waste cloth



Dance Session was conducted by Mrs Gauri Samant



In the concluding session, Mr Mandar Ganpule and his team demonstrated basic Karate techniques



Closing Ceremony of the camp was graced by School Manager Rtn Ramanand Natekar along with Teachers of the School. All Students who attended the camp were given "Certification of Participation"

Secretary Report *Contd. from page 4***Distribution of Sports Materials at Poira High School:**

Sports material distribution program was successfully conducted on **9th March** at Poira High School, Poira-Bicholim. The sports items included five footballs, Cricket Leather Balls (2 Boxes), 10 nos Soft Balls and 10 pairs of Soft Gloves. These were handed over to the school to encourage sports activities among students.

The distribution was carried out at the hands of sponsor and Assistant Governor Rtn. Ramesh Tiwari in the presence of Headmaster, School Manager and the students of the school. A total of 134 students from Poira High School are expected to benefit from this initiative.

During the program, the dignitaries highlighted the importance of sports in building teamwork, discipline, and physical fitness among students. The school management and students expressed their gratitude for the support and encouragement towards promoting sports in the school.

RYLA – Special Sparks 3.0-2026 (Residential) for Special Children:

Rotary Youth Leadership Awards (RYLA) was jointly organized by the Club and Rotaract Club of Bicholim on **9th and 10th April** at Keshav Seva Sadhana School, Bicholim.

Special Sparks 3.0 was a two-day residential RYLA camp organized for Special Children, focusing on their overall development through a combination of fun-filled and skill-based sessions. The camp created a vibrant and supportive atmosphere where children actively participated and expressed themselves freely.

The objectives of the Camp were:

- ✓ To provide a platform for special children to explore their abilities
- ✓ To promote confidence, creativity, and social interaction
- ✓ To create an inclusive environment through engaging and joyful activities

During this camp, following activities were conducted-

- ✓ Fun & Play Session by Ms. Aishwarya Nair
- ✓ Dance Session by Adv. Vidhiti Pednekar and Ms. Vishakha
- ✓ Campfire Session by Rtn Prashant Chanekar
- ✓ Yoga Session by Rtn Sandhya Khanolkar
- ✓ Life Skills Session by Mrs Ketaki Parob
- ✓ Art and Craft Session by Ms Ankita Naik

The camp saw active and enthusiastic participation by all children, which resulted in improvement in confidence and group interaction among them, children also enjoyed hygienic and nutritious meals served during the camp along with comfortable residential arrangements.

Upgrade of Bicholim Rotary Medical Equipment Bank:

On **12th April**, Club undertook an important upgrade of its Medical Equipment Bank to better serve the community and support patients in need. As part of this initiative, the following equipment was procured:

- ✓ Semi Fowler Beds – 5nos
- ✓ Wheel Chairs – 4nos
- ✓ Foldable Walkers – 6nos

The total expenditure for the upgrade amounted to Rs 1,12,600/- which was made possible through a combination of internally

generated funds and generous contributions from Rtn Sagar Shetye and Mr Vinod Dhond.

Hand-over of Pink Auto Rickshaw:

On **15th April**, Club successfully carried out the Pink Auto Rickshaw Project promoting women empowerment and self-reliance.

The official handover was held at Naik Motors Showroom, Guirim, where the beneficiary, Mrs. Renuka Aeer, received the EV auto rickshaw. The event was graced by PDG Rtn Gaurish Dhond and attended by Rtn Sandra, Coordinator Swati Kerkar, President Rtn Damodar and other Club members.

This initiative supports women's livelihood and reflects Rotary's commitment to community development and empowerment.

Club Assembly by AG:

AG Rtn Ramesh Tiwari conducted the Club assembly on **15th April**. During this session, AG took the review of the upcoming visit of DG and preparation for the same. Tentative itinerary for the visit along with members contribution for the TRF was also discussed in detail. AG also informed the members, the documents required to be shown to DG during his visit to the Club.

Participation and Representation:**Bazaar Day at Bicholim Rotary KG and Primary School:**

PTA of Bicholim Rotary KG and Primary School organized "Bazaar Day" at Sarvajani Ganeshotsav Mandap, Market Complex, Bicholim on **14th February**. Enthusiastic students along with their parents displayed various materials, vegetables, and other eatables at the venue. Charter Member of the Club Rtn Vallabh Salkar was invited as Chief Guest and Ann Mrs Milinda Kamat (President, Inner Wheel Club, Bicholim) was Guest of Honour for the Inaugural Function which was also attended by School Chairman Rtn Sudath Mandrekar and School Manager Rtn Ramanand Natekar along with members of Rotary Family.

Bazaar Day at Govt Primary School, Kudchire:

Govt Primary School Deulwada Kudchire, Bicholim, successfully organized "Bazaar Day" on **14th February** at their campus to encourage experiential learning and entrepreneurial skills among students.

Club President Rtn Damodar Prabhu was invited as Chief Guest and Mrs. Sarveda G. Gaonkar, Headmistress, Govt. High School, Kudchire graced the occasion as Guest of Honour.

Participation in TSD Car Rally – 3.0:

On **22nd February**, IPP Rtn Swapnil Dixit along with his friend Suraj Herekar participated in Rotary Club TSD Car Rally - 3.0 organized by Rotary Club of Hubli Vidya Nagar. In his maiden appearance, the team finished 12th among total of 37 participants.

"ELITE5" Five a Side Cricket Tournament:

On **28th February**, Team RCB captained by Rtn Sachin Salkar participated in "ELITE5" Five-a-Side Cricket Tournament organized by Rotary Club of Mhapsa Elite at Nagoa Futsal Areana, Arpora.

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Annual PELS and SELS – District Event:

On 27th and 28th February, President Elect Rtn Abhijeet Teli participated in the President Elect Learning Seminar (PELS) and Secretary Elect Learning Seminar (SELS) at V. M. Salgaocar Institute of International Hospitality Education, Manora-Raia. This District event was hosted by Rotary Club of Margao Sunrise.

Grant Seminar-District Event:

President Elect Rtn Abhijeet Teli and IPP Rtn Swapnil Dixit participated in the Grant Seminar organized by Rotary Club of Margao Sunrise at V. M. Salgaocar Institute of International Hospitality Education located at Manora-Raia on 1st March.

Mathias Panaji Run-2026:

Past President Rtn Santosh Sawal participated in "Mathias Panaji Run-2026" organised by Rotary Club of Panaji Midtown on 1st March. He participated in 10 kms run and completed this distance in 59 minutes 43 seconds.

Rotary End Polio Torch Event:

On 5th March, Rtn Atreya Sawant represented the Club in Rotary End Polio Torch Event organized by Rotary Club of Panaji Riviera.

Session on Counselling and Effective Learning Techniques:

A special session on Counselling and Effective Learning Techniques was conducted for the students of 4th Standard of Rotary Primary School during their Residential Camp – "Perna" on 7th March. This session was conducted by Rtn Dr. Jyoti Sandip Sawant.

The objective of the session was to guide young students on developing positive thinking, building confidence, and adopting simple and effective learning habits. During the counselling session, the students were encouraged to express their thoughts and feelings freely.

The session was conducted in a very interactive and engaging manner with examples, questions, and active participation from the students. The children enthusiastically responded and shared their experiences.

Rotathon-2026 (Health Set Go):

Past President's Rtn Santosh Sawal and Rtn Dr Sandip Sawant along with Secretary Rtn Dr Jyoti Sawant participated in "Rotathon-2026" organized by Rotaract Club of Bicholim on 8th March. Rtn Sandeep participated in 21 kms run while Rtn Santosh participated in 10 kms run.

The Rotary Foundation Seminar:

IPP Rtn Swapnil Dixit attended The Rotary Foundation Seminar hosted jointly by Rotary Club of Panaji Riviera and Rotary Club of Kadamba at Panaji Convention Centre, Mala on 11th April.

Palkhi of Shree Shantadurga Deviat Math-Antil Peth:

Continuing the tradition, our Club was host (Mahajans) for the weekly Palkhi procession of Shree Shantadurga Devi at Math-Antil Peth on 13th April. Many Rotarians, Anns and Annettes joined the Palaki procession and took the blessings of Shree Shantadurga Devi.

-Rtn Dr Jyoti Sawant

Fellowship Greetings

MAY 2026

BIRTHDAY

01	Fri	Rtn Santosh Sawal
03	Sun	Sourish s/o Pankaj Teli
04	Mon	Ann Sushma Pramod Kadcade
04	Mon	Swayam s/o Sargam Falari
04	Mon	Rtn Yogesh Falari
05	Tue	Shalmali d/o Viraj Shirodkar
08	Fri	Simran d/o Dr Prakash Desai
08	Fri	Prital d/o Prashant Bhonsle
08	Fri	Ann Shubhadha Mohandas Sawaikar
09	Sat	Raghav s/o Pradip Lad
09	Sat	Nurvi d/o Siddhesh Kubal
10	Sun	Maitrayee d/o Anand Desai
11	Mon	Rtn Amol Sawant
11	Mon	Ann Smita Vishwas Sardesai
15	Fri	Rishik s/o Kaustubh Patnekar
15	Fri	Rtn Viraj Shirodkar



WEDDING ANNIVERSARY

01	Fri	Hema and Deepak Kadcade
02	Sat	Dr Kashish and Dr Kaustubh Patnekar
02	Sat	Dr Arya and Anish Dalvi
04	Mon	Milinda and Prasad Kamat
04	Mon	Naznin and Akhtar Shah
06	Wed	Pushpa and Prithviraj Sardesai
09	Sat	Smita and Vishwas Sardesai
10	Sun	Pallavi and Vallabh Naik
12	Tue	Dr Saroj and Dr Prakash Desai
14	Thur	Prajakata and Prashant Bhonsle



Rtn Adv Amol to lead Bicholim Bar Council



Rtn Adv Amol Sawant is elected as President of Bicholim Bar Council and Rtn Adv Smita Sawant Mardolkar is elected unopposed as Member of Bicholim Bar Council.

RCB Family wishes both, success in the new roles and for a remarkable, impactful tenure ahead



RYLA – SPECIAL SPARKS 3.0 (RESIDENTIAL) FOR SPECIAL CHILDREN



Date : 9th and 10th April

Venue – Keshav Seva Sadhana School, Bicholim

RYLA – Special Sparks 3.0-2026 organized jointly by the Club and Rotaract Club of Bicholim was inaugurated by Ann Shubhada Sawaiakar in presence of President Rtn Damodar, RYLA Chairman Rtn Sargam, Secretary Rtn Dr Jyoti along with Chairman of School Rtn Sagar Shetye and Manager of School Mr Makarand Kamat



President Rtn Damodar lights the traditional lamp marking inauguration of RYLA



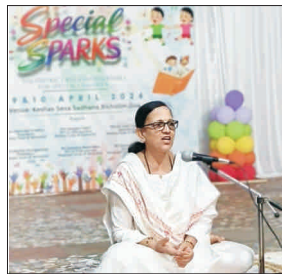
The first session of RYLA was Fun and Play Session which was conducted by Ms. Aishwarya Nair



Dance and Singing Session was conducted by Adv. Vidhiti Pednekar and Ms. Vishakha



Children enjoyed the Campfire Session conducted by Rtn Prashant Chanekar, which also concluded the first day events



Yoga Session by Rtn Sandhya Khanolkar marked the start of Day-2 sessions



Highlights of second day were Life Skills Session by Mrs Ketaki Parob and Art/Craft Session by Ms Ankita Naik



BIRTHDAY CELEBRATION AND AMIGO RELEASE

Date : 19th February



Members joined President Elect Rtn. Abhijeet Teli to celebrate his birthday and cake cutting function at his office. Club also released the 7th Issue of Amigo (Combined Issue for December '25 and January '26) at the hands of his mother Smt. Amita Teli

SAFE WATER DRINKING PROJECT

Date : 9th March



Safe Drinking Water Project was formally handed over to Radhakrishna Vidhyalaya, Bicholim under CSR initiative in a simple ceremony held at the school premises in presence of Assistant Governor Rtn. Ramesh Tiwari. Project will benefit 384 students of this school



DISTRIBUTION OF SPORTS MATERIAL

Date : 9th March

Sports material distribution program was conducted at Poira High School, Poira-Bicholim. The sports items were sponsored by AG Rtn. Ramesh Tiwari and will benefit 134 students. These were handed over by AG to the school to encourage sports activities among students



SUPPORT TO NIKSHAY MITRA POSHAN YOJANA

Date : 15th February

Club sponsored nutritional supplies for five TB patients under Nikshay Mitra Poshan Yojana at Community Health Centre, Bicholim